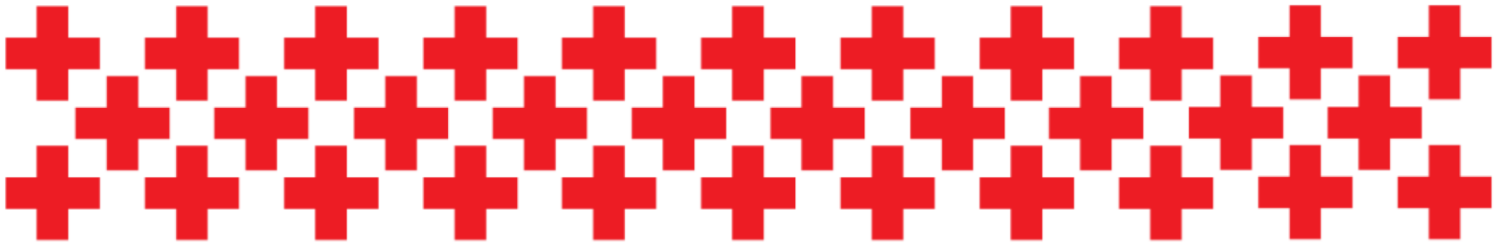


American Red Cross

Give blood. Help save lives.



Caroline Family YMCA
Blood Drive

In Gymnasium

17422 Library Blvd, Ruther Glen, VA 22546

Wednesday, October 25th
10:00 am – 4:00 pm

To schedule an appointment,
visit redcrossblood.org use Sponsor Code: [carolineymca](#)
or call the Caroline Family YMCA at [804.448.9622](tel:804.448.9622)

Please drink plenty of water, eat a good meal prior to your donation. Also, please bring a Photo ID with Date of Birth

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

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