



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **Homeschool Fitness Rules and Responsibilities**

It is important for you and your child(ren) to know and understand our policies and rules for participating in our Homeschool Fitness classes. Please review these rules with your child, and sign below that you and your child understand them:

- 1) Respect for other children and the teachers will be shown at all times. Bullying, teasing, refusing to listen, and back-talking to teachers will not be tolerated.
- 2) Physical altercations will result in the child(ren) responsible being removed from class immediately and their parent/ guardian being called to pick them up. They will not be allowed to participate in the next 2 to 4 classes, depending on the situation.
- 3) Participation is not only encouraged but required. Please remember that even though you may not know how to do a particular skill right away, this class is to teach you how, and then give you lots of practice! If a child regularly chooses to not participate, the parent/ guardian will be contacted and asked to speak with the child before returning to Homeschool Fitness.
- 4) Absolutely no foul language, weapons of any kind, or drinks/ food EXCEPT water. A water bottle is required for class.
- 5) SNEAKERS ARE REQUIRED. No Crocs, boots, flip flops, dress shoes, or sandals. Child will be sent home with parent if they have no sneakers, or parent will be asked to return to the Y if they've left the building.
- 6) Please do not enter the gymnasium until child is signed in with Homeschool. Children can line up in the hall along the side of the gym until parents can sign them in at 1:00 (this is new this year).
- 6) Please sign up for Homeschool Remind! You will get text notifications of when class is cancelled or updates are sent out. See teachers for details.

I and my child(ren) have read and understand the rules listed above:

Parent Printed name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_