



Sentara's 3D Mobile Digital Mammography Coach will be at the:

**YMCA Rappahannock Area
Massad Branch
212 Butler Road
Fredericksburg, VA 22405**

**Friday November 3, 2017
9:30 AM – 1:30 PM**

**Open to Ladies 40 years old or older without a prescription;
39 or younger must have a physician's prescription for "annual" screening
Must have a physician;
Must be able to climb 5 steps;
Bring your insurance card; and
Photo Identification (driver's license/passport)**

Important: Please bring your prior mammography images on CD.

To schedule your appointment, please call Central Scheduling @ 703-523-1560

Please arrive 5-10 minutes before your scheduled time to finalize paperwork.

No deodorant, powders, perfume, lotion or hairspray on the day of the exam.

Please call Yvonne @ 703-523-1997 if you have any questions or concerns.



Potomac Health
Foundation

