

KIDZ ZONE



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHILD WATCH SERVICES WHILE YOU WORK OUT!



OUR STAFF

Our staff are excellent role models for your children; we pride ourselves on our selection and careful screening to employ the finest support staff in the region.

Candidates must pass a background check, participate in training and certification programs including First Aid, CPR, and Prevention/Recognition of Child Abuse.

Contacts:

Youth Director: Karla Edwards

kedwards@family-ymca.org

Child Watch Manager: Michelle Grupe
mgrupe@family-ymca.org

MASSAD FAMILY YMCA
212 Butler Rd.
Falmouth, VA 22405
www.family-ymca.org

SCHOOL YEAR HOURS (September – June 16th)

Monday, -Friday:

8:45am - 1:00pm
3:00pm - 8:30pm

Saturday:

9:00am - 1:00pm*

Morning Kid's Gym:

Ages: 3 to 12

Monday, Tuesday, Wednesday and Friday 9:00am – 11:30 am

There is no kidz gym on Thursday mornings

Evening Interact Club:

Ages: 5 to 12

Monday - Thursday 5:30pm - 8:30pm*

*depending upon the number of children left in the program, we may close early. This may also apply to the evening Kidz Club. **Morning Interact Club is only during the summer break of Stafford County Schools.

FEES

Child Watch Services are **FREE** for family memberships.

Serving Ages: 6 weeks to 12 years

Members with single memberships may pay \$5 fee per child for a daily drop-in rate or add \$15 to their monthly draft for all Child Watch services. Non-members and members bringing other members children may use the Child Watch services at a cost of \$6.00 per child. This does not apply to the SUMMER; only members may bring their own children to the kidz zone/nursery due to the increase of number of children.** Late fees may be applied to your account if you pick up your child past our closing time or beyond the 3 hour limit.

There is a 3 hour time limit; this limit is placed on the child not the adult, from the time the child is signed in. So that time can be split between the parents if needed. Once your child is in the care of the Child Watch Staff you may not leave the building.

ACCESS, GUIDELINES AND SAFETY

ACCESS - SIGN IN/SIGN OUT

Please follow the sign-in/out procedures when dropping children off at the Kidz Zone/Kid's Gym. When you sign in please do not enter the Kidz Zone without a Child Watch worker's permission. There is a three hour time limit, this limit is placed on the child. Once your child is in the care of the Child Watch Staff you may not leave the building. The staff must be able to reach you if your child needs you.

If your child has special needs, please be sure to make notes under special instructions on the "sign-in" form and inform the staff. We would very much appreciate that all children be brought to the restroom and diapers be changed before entering the Kidz Zone/Kid's Gym so that we can avoid trying to interrupt your workout and limit trips to the bathroom by the staff.

** Each Kidz Zone reserves the right to ONLY allow Members to sign in their own children to utilize Child Watch services at any time.

BABIES

Your child's happiness is very important to us; we will try every avenue to engage your child should he/she cry. If your child cries non-stop for 10 minutes, our staff may come and find you to try to help calm them down or take them home and try another day. This may also apply if your child has to be held the entire duration of their visit, or if Child Watch has more than 2 babies in their care.

EMERGENCY ACTION PLAN

Electricity Outage: The Kidz Zone has back up light that will come on in case of a power outage. Please pick up your child as soon as possible from the gym or kidz zone. Children tend to get upset and anxious when the lights go out.

Fire Alarm: During a fire alarm, all children attending Kidz Zone/Kid's Gym will be brought to the locations posted in these areas. You may pick up your child from any of these posted locations as soon as staff has had a chance to account for all children in their care.

Tornado Warning: In the event of a tornado warning, the children will be moved to the kitchen located in the youth wing. You may join your child there and may be asked to stay until the warning is over.

Snow Days: When it snows please call 540-371-9622 and listen to the automated messages in its entirety to find out about canceled classes, closed programs and late openings or visit our website:

www.family-ymca.org and click on the Massad Branch.

POSITIVE BEHAVIOR

The general discipline policy of the YMCA Kidz Zone follows the standards set forth by the Virginia Code (Standard 7.22-7.32) the following steps or situations have been incorporated to develop a positive approach to helping Children learn and exhibit appropriate Kidz Zone behavior.

Children are expected to adhere to the Kidz Zone guidelines including sharing, listening, following directions and helping clean up. (Age appropriate) Proper manners are encouraged.

For most disruptions, children are given warnings and the staff person will try and redirect the child to another activity. If inappropriate behavior continues the child will be given a "time out" to think about the situation.

If improper behavior persists, parents will be notified. If improper behavior continues after notifying the parents, the YMCA reserves the right to dismiss the child from the Kidz Zone. The Kidz Zone follows a 3-strike your suspended rule at the Supervisor/ Manager discretion.

PROPER ATTIRE

Please remember that children are actively playing while in our care; appropriate clothing and footwear is necessary. (NO open toes shoes i.e. sandals or flip flops). To prevent unnecessary injuries, children are NOT allowed in the Kids Gym, Interact Clubs or Kidz Zone unless under 1 years old with open-toed shoes.

SICK CHILD POLICY

The health and safety of your child is of major importance to all of us. In order to protect the children in the program who are well, we maintain firm policies about sick children. These policies are in compliance with all Virginia Commonwealth licensing regulations. Parents must contact the YMCA within 24 hours of their child, or any member of their household, being diagnosed with a communicable disease. If your child becomes ill in our program, we will call you; you must then make immediate arrangements to pick up your child. Sick children cannot be with well children. If we send your child home with a fever, they may not return until they have been without a fever for 24 hours. This means if we send your child home on Tuesday, he/she may not return until Thursday. Please keep your child home if he/she has:

- * had a fever in the previous 24 hour period
- * a cold that is less than two days old
- * a heavy nasal discharge
- * a constant cough
- * re-occurring vomiting or diarrhea (2 or more times)
- * temperature of 100 or higher
- * symptoms of communicable disease: sniffles, reddened eyes, sore throat, headache, and abdominal pain plus fever.



SNACKS

Kidz Zone, Kids Gym Or Interact Club* does not give out snacks. You may bring a snack for your child (ren) in the Kidz Zone only but it cannot contain nuts, gum, candy, or popcorn or manufactured in a plant that works with nuts or tree nuts. Sippy Cups must have spill proof lids. No toys from home and NO junk food please!

ACKNOWLEDGEMENT

Please indicate anything else that might help us to better understand and engage your child in order to ensure him/her a happy YMCA experience (including any chronic physical problems, pertinent developmental information, or any special accommodations needed):

Please print and sign below acknowledging that you have read and agree to our Child Watch guidelines.

Print Parent/Guardian Name

Signature of Parent/Guardian

Date: _____