



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# HEALTHY KIDS DAY

## KIDS ONLY! Master Chef Challenge

**April 21<sup>st</sup>**

**11:30 AM**

**Ages 5-11**

Put a team of chefs together to create a healthy snack for Healthy Kids Day. Each team will re-create their snack for the Y judges on Healthy Kids Day.

All teams must register to participate! Contact Wendy Payne: [wpayne@family-ymca.org](mailto:wpayne@family-ymca.org) 540-775-9622 x3023

Judging will be based on the following criteria:

1. Originality
2. Presentation
3. Nutrition Value
4. Team Work
5. Team Spirit
6. Taste
7. Recipe Card

Peanut-free recipes please!

