



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPLASH, SPIN & DASH AT THE CAROLINE FAMILY YMCA JUNE 16TH

Indoor Triathlon Sprint and Endurance and Duathlon Sprint Start times will be staggered

MUST PRE REGISTER BY MAY 20TH

MEMBER: \$25.00 SPRINT/DUATHLON, \$30.00 ENDURANCE

NON MEMBER: \$30.00 SPRINT/DUATHLON, \$35.00 ENDURANCE

NON REFUNDABLE
NON TRANSFERRABLE

AGES 11-14 MUST HAVE
THE SAME START
TIME AS THEIR PARENT

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