



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILDING BETTER LEADERS



LEADERS IN TRAINING 2023 MASSAD FAMILY YMCA

The Leaders In Training (LIT) Program is a special opportunity for 13-15 year olds to learn the skills needed to work with children in a YMCA camp setting. Participants meet for 2-week sessions and are mentored by camp counselors. LIT's also assist in providing activities to campers in a safe and well-supervised environment. Unlike counselors, however, LIT's are always supervised by staff when working with campers.

Time is also put aside for LIT's to learn and practice new leadership skills, and in-service trainings will be held during the session. These trainings are mandatory; attendance and participation will be required. Trainings will cover concerns that LIT's encounter in camp life, including discipline and group control, safety and awareness, being a role model, and creative planning. Evaluations occur at the end of each session. Further participation in the program and a future counselor position are based on the evaluations.

L.I.T. Responsibilities

Participants in the L.I.T. program work under the same ground rules as all staff members, such as the following:

- They arrive in camp at least 15 minutes before camp starts to sign in, and they sign out at the end of the day
- They provide meaningful assistance while they are in camp
- They are well-groomed
- They act in line with YMCA ethics, values, and standards
- They use only appropriate language or gestures
- They do not criticize the camp, campers, or staff openly, but share constructive criticism during evaluation sessions with staff, and follow the proper chain of command
- They always treat children well
- They refrain from having personal visits or making personal phone calls during camp hours

Please note, however, that registration in the program is on an application basis only. Once your application and references are reviewed, you may be called for an interview. Registration materials will be forwarded only upon acceptance into the program. Unfortunately not all applicants are accepted. Prior experience in the LIT program does not guarantee a place in this summer's program.



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YMCA SUMMER CAMP 2023 LEADERS IN TRAINING (L.I.T.) APPLICATION

Name	Birthdate	Male or Female
Street Address	City/State	Zip
Phone	School	Grade (2022-2023)
Have you participated in the YMCA L.I.T. Program before? Yes No If yes, when and where? Completed information on next page.		
Have you ever worked with children before (volunteer or paid opportunities)? Yes No If yes, please state where and when.		
Please indicate any hobbies, special interests, or training you have received:		

To be filled out by the L.I.T. applicant:

Tell us about yourself. Include any accomplishments, goals, strengths, jobs you have held, etc:

On a separate sheet of paper, write a short essay describing the following:

- Your interest in this program
- Why you wish to become and L.I.T.
- What you hope to achieve and learn form the L.I.T. program
- 2 of your strengths
- 2 weaknesses you possess

Please submit this form, your essay no later than APRIL 28TH, 2023.

(NO INTERVIEWS WILL BE AVAILABLE AFTER APRIL 28TH)

Karla Edwards, Youth and Camp Director

Massad Family YMCA

212 Butler Road

Falmouth, Va. 22405



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LEADERS IN TRAINING (L.I.T.) APPLICATION SUMMER 2023 REFERENCES

The YMCA Leaders In Training (L.I.T.) Program is a leadership program that prepares teens to become counselors in a YMCA camp setting. The program creates an opportunity for high school students to develop leadership and job skills. Please have your a least **2 references** email a recommendation letter to Karla Edwards at kedwards@family-ymca.org no later than March 31st.

RETURNING LIT'S:

If you are a returning LIT. Please answer the following questions.

What did you learn from your experience in the LIT Program last Summer?

What did you learn about yourself?

What do you feel you improved on and what do you feel you need more help?

What was your favorite memory about Camp last Summer?

How can you use your experience from last year to improve this year?

NO INTERVIEWS WILL BE SCHEDULED AFTER APRIL 28TH