



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WINTER YOUTH BASKETBALL LEAGUE

**Ages 7-9, 10-12, 13-17 years old (Co-ed)**  
**RON ROSNER FAMILY YMCA**

Learn the game and improve skills. Players will build teamwork and sportsmanship qualities. Practice begins Dec 3rd (Tuesdays) 7-9 ages 6 to 7pm, 10-12 ages 7 to 8pm, 13-17 ages 8 to 9pm. Game starts Dec 19th thru Jan 23 (Thursdays). Volunteer Coaches are needed. Coaches meeting Nov 19th 7 to 8pm. The coaches will inform you about practice and game schedule.

- If you have any questions please contact Lewis Geter (lgeter@family-ymca.org)

**WHEN:** Dec 19 thru Jan 23  
Practice starts Dec 3-Jan 21

**TIME:** 6:00-9:00pm

**LOCATION:** RON ROSNER FAMILY YMCA  
5700 SMITH STATION RD  
FREDERICKSBURG, VA 22407

**COST:** Member: \$75 Non-member \$90

**REGISTRATION:** Sept 9 thru Nov 15th  
[www.family-ymca.org](http://www.family-ymca.org) or front desk

