



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WINTER YOUTH BASKETBALL LEAGUE

Ages 7-9, 10-13, 14-17 years old ( Co-ed)  
RON ROSNER FAMILY YMCA

Learn the game and improve skills. Players will build teamwork and sportsmanship qualities. Practice begins Dec 3rd (Tuesdays) 7-9 ages 6 to 7pm, 10-13 ages 7 to 8pm, 14-17 ages 8 to 9pm. Game starts Dec 18th thru Jan 22 (Thursdays) . Volunteer Coaches are needed. Coaches meeting Nov 18th 7 to 8pm. The coaches will inform you about practice and game schedule. Registration: Sept 9 thru Nov 14

- If you have any questions please contact Lewis Geter ([lgeter@family-ymca.org](mailto:lgeter@family-ymca.org))

**WHEN:** Dec 18 thru Jan 22  
Practice starts Dec 2-Jan 20

**TIME:** 6:00-9:00pm

**LOCATION:** RON ROSNER FAMILY YMCA  
5700 SMITH STATION RD  
FREDERICKSBURG, VA 22407

**COST:** Member: \$75 Non –member \$90

**REGISTRATION:** Sept 9 thru Nov 15th  
[www.family-ymca.org](http://www.family-ymca.org) or front desk

