



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAND VOLLEYBALL LEAGUES 2026



April Start Dates/Session 1 MASSAD FAMILY Y

Monday - 2 leagues - Starts 4/20

Co-Ed 2's - AA/A League and BB/B League. 6:00-9:00pm. Ages 16 through adults. \$120/team.

Tuesday - 2 leagues - Starts 4/21

Women's 2's - AA/A League and BB/B League. 6:00-9:00pm. Ages 16 through adults. \$120/team.

Wednesday - 2 leagues - Starts 4/22

Women's 4's - A/B Mixed League. 6:00-9:00pm. Ages 16 through adults. \$240/team.

Co-Ed 4's - A/B Mixed League. 6:00-9:00pm. Ages 16 through adults. \$240/team.

Thursday - 1 league - Starts 4/23

Co-Ed 4's A/B Mixed League - 6:00-9:00pm. Ages 16 through adults. \$240/team.

Friday - 2 or 3 leagues depending on who is registered - Runs 6/5-6/17 (off 7/3) - Only 1 session

Junior 2's Division I 12U-18U League - 5:20-9:20pm. Middle school/high school. \$120/team.

Sunday - 1 league - Starts 4/26

Junior 2's Queen/King of the Beach League - 4:30-7:30pm. Girls 11-17; Boys 11-15 years. \$60/player

Required "Individual Player Fee- 2026/Sand": All roster players and subs must register. \$18 for non-Y members and \$0 for Y members. After captains register for a league, they must inform teammates to register for this.

Free Agents: A free registration to get on a list to find a team or doubles partner.

Junior leagues run 6 weeks, league play only, and each player gets a free shirt. Adult leagues run 8-9 weeks. Session 2 of leagues will start the following week after Session 1 ends.

MASSAD FAMILY YMCA
212 Butler Rd.
Falmouth, VA 22405
Anysia Alhanati, Volleyball Manager
aalhanati@family-ymca.org, (540) 371-9622 x1039



[REGISTER](#)